

Ways to Start Ripples of Consideration:

Courage: Stand up for someone today.

It takes a lot of courage to stand up for someone that everyone around you is against. It takes courage for children, but did you know it takes courage for adults, too?

People are often afraid to stick up for someone else because they don't want everyone to also turn against them. But if everyone were to always be turning against each other out of fear of exclusion, rather than sticking up for what is right, soon we all would end up alone, hiding, and distrustful in this world.

Integrity: Do the right thing today.

Someday you may have an opportunity to cheat on a test, or move a game piece when your friend isn't watching. But even though you may be certain no one would ever catch you cheating on the test, how can you ever feel good about the grade you received on the test? Or about winning the game? Is winning (even though you cheated) more important than truly earning something?

In case you're not listening, your heart is telling you a great big NO !

Integrity is a very strong virtue to the Whisper Children, which means,

"Do the right thing
even when no one is watching."

Helping: Encourage or inspire someone today.

So often people can fall into a damaging habit of criticizing others. They do it not to help, but because they think it make themselves "better" than other people. But everyone else can see how the Ripple of Discontent is working through that critical person.

Whisper Children encourage others to persist in their dreams, and offer helpful ideas with no payback expected.

People may need encouragement to pursue a life's dream, or when they have a setback (like not feeling good about their performance during sports event, or being upset that a drawing they have worked very hard on just didn't turn out the way they wanted it to.)

Help others believe in what they can do, and to not listen to what Naysayers tell them they cannot accomplish.

Caring: Include someone today.

"In-clude, don't ex-clude!"

If you see another child being excluded from a game or excluded in any other way, you could gently ask the child to join you in another game or another activity.

Sometimes it may seem easier to continue having fun with your own group of friends, but by making this small sacrifice of time your heart will grow immensely.

And you will probably have an effect on this person's life that will not only last an eternity, but you will kick off an absolutely tremendous Ripple of Consideration!

Be An Example:
**Help another person who really
needs to become a member of the
Whisper Children's Club.**

If someone says cruel things or screams at you, you could quietly ask them not to throw shards at you. If they haven't read *Winky & Wonder*, this may make them pause and ask you what shards are, and you will have an opportunity to tell them about Ripples of Discontent.

Caution: in order for this to work, you cannot sound self-righteous. Do not believe or act as though you are superior to others because you are a member of WCC. If you start to believe that you are better than other people, soon you may spread some shards of your own!

Respect:

Notice how your actions affect other people.
Want to make your parents happy and relieve some of their daily stress? Here's one simple thing you can do:

Be on time.

Don't make them wait, or make them late!
Parents don't want to repeatedly tell their children to get ready for school, an activity, or for bed. It's exhausting and it's really not the kind of relationship they want to have with you. So surprise your parents and make a habit of being on time!